



Prevention of sexualized violence against children



BEST-SELLING BOOK
16 000 copies
sold within the
first year

Agota Lavoyer, Anna-Lina Balke

Is that okay?

A children's specialist book on preventing sexualized violence

73 pages, layout: 28 x 21 cm

⇒ **from 6 years up**

How do you talk about sexualized violence with children? And how can you protect them? Prevention succeeds best if it happens unagitatedly and regularly. Agota Lavoyer, expert on the topic of sexualized violence, and the illustrator Anna-Lina Balke prepare the topic in an age-appropriate way using familiar scenes and suitable questions. Through that, caregivers are able to engage in a conversation to check: Is that okay?

A children's specialist book about stomachaches



BEST-SELLING BOOK
30 000
copies sold

Corinna Leibig

Tiny Tummy Ache

44 pages, layout: 22,5 x 18,5 cm

⇒ **from 3 years up**

Tiny Tummy Ache is sitting in his cave and has a really bad stomachache - „But where does that come from?“ is he asking himself. From eating too late or too fast? From all the rides on the rollercoaster? Or was it the fight with Tall Tummy Ache that made him so furious? Maybe it has something to do with this mean fear that gets hold of him sometimes ... A story for tiny humans with big feelings, which can often lead to a stomachache.

Bonding during childhood



Julia Schneider, Marlene Monzel

Ela, Elmo and the Magical Moments

A children's specialist book about bonding

52 pages, layout: 21 x 21 cm

⇒ from 4 years up

Ela has a friend who helps her to collect magical moments every day: Elmo. Elmo is her need for bonding and makes sure that Ela isn't by herself for too long. However, sometimes Ela's caregivers have no time, behave unfairly – or even just leave. Sometimes it is pretty difficult for Ela to get along with Elmo's big emotions ... A book about bonding, for everybody who misses someone every once in a while. Including an interactive part for children and a specialist section for adults.

Falling asleep and sleeping through the night



Miriam Pratsch, Maike Proßli

The Search For a Good Night Sleep

A children's specialist book about sleep and sleep hygiene

89 pages, layout: 21 x 21 cm

⇒ from 4 years up

Children actually need a lot of sleep. Koalas need even more! But it will absolutely not work for Stella and her fluffy friend, Karli. So obviously, they are terribly tired in the morning. Together they begin to search for this „good night sleep“ that everybody keeps wishing them. In this specialist children's book by numerous experts, children learn everything about sleep, sleeping types, and sleeping phases.

Binge eating - What is behind all this?



M. Tebiri, A.-C. Lörzer, P. Kuitunen, S. Hetterich
The Hunger Cloud
A children's specialist book about binge eating
71 pages, layout: 29,7 x 21 cm



When Mona is sad, she eats. But the pleasant fog that numbs her emotions slowly turns into a heavy and painful cloud, which is not easily gotten rid of. This children's specialist book helps affected children and caregivers to better understand regular binge eating attacks, to talk about it, and to deal with the binge eating disorder. The specialist section provides basic information and useful advice concerning this type of eating disorder.

⇒ from 6 years up

understanding children's dreams



Hans Hopf, Eva Gebhardt
Small Children, Big Dreams
An interpretation of children's dreams for the whole family
59 pages, layout: 24 x 16 cm



Why do we dream? While dreaming, daily conflicts are portrayed and simultaneously attempted to be solved by the psyche - to be a kind of repair shop to restore mental balance. Using this picture book, the child and adolescent psychotherapist Hans Hopf wants to show parents and children how easy it is to remember and comprehend dreams. Including child-oriented explanations and suggestions.

⇒ from 5 years up

Children of mentally ill parents



Schirin Homeier

Sunny Sad Days

A children's specialist book for children of mentally ill parents

127 pages, layout: 24,7 x 16,5 cm

- ▶ sensitive explanations
- ▶ the standard reference on the topic
- ▶ already translated into 3 languages

⇒ **from 7 years up**

Death and grief



Andrea Hendrich, Bernadette Schmitt

Ben's Sunflowers

A children's specialist book about grief

55 pages, layout: 17 x 24 cm

- ▶ accompanies children through grief
- ▶ including a specialist section for children and parents
- ▶ also suitable for relatives and grief counselors

⇒ **from 5 years up**

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The publishing house for all health topics



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A specialist section for parents, educators, and other counselors offers profound knowledge on each topic and also psychological support concerning the interaction with children.

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